



School Year 2024-2025
September 9th - June 14th

LEVEL 8

Expanding the technical base and
deepening awareness

Our mission is to spread love and joy through the **Art of Dance**.

We are **Experts in the Field of Dance**, and can teach students to reach professional levels; but our approach develops the whole human. Our students gain **self awareness** and **life skills** that extend far beyond the studio!

We are thrilled to have the opportunity to share our **knowledge, expertise** and **passion** with our students and their families in a supportive, inspiring environment. Whether new or returning, we are excited to **welcome you to our community** for School Year 2024-2025!

AT ADA WE TEACH **SO MUCH MORE THAN DANCE.**

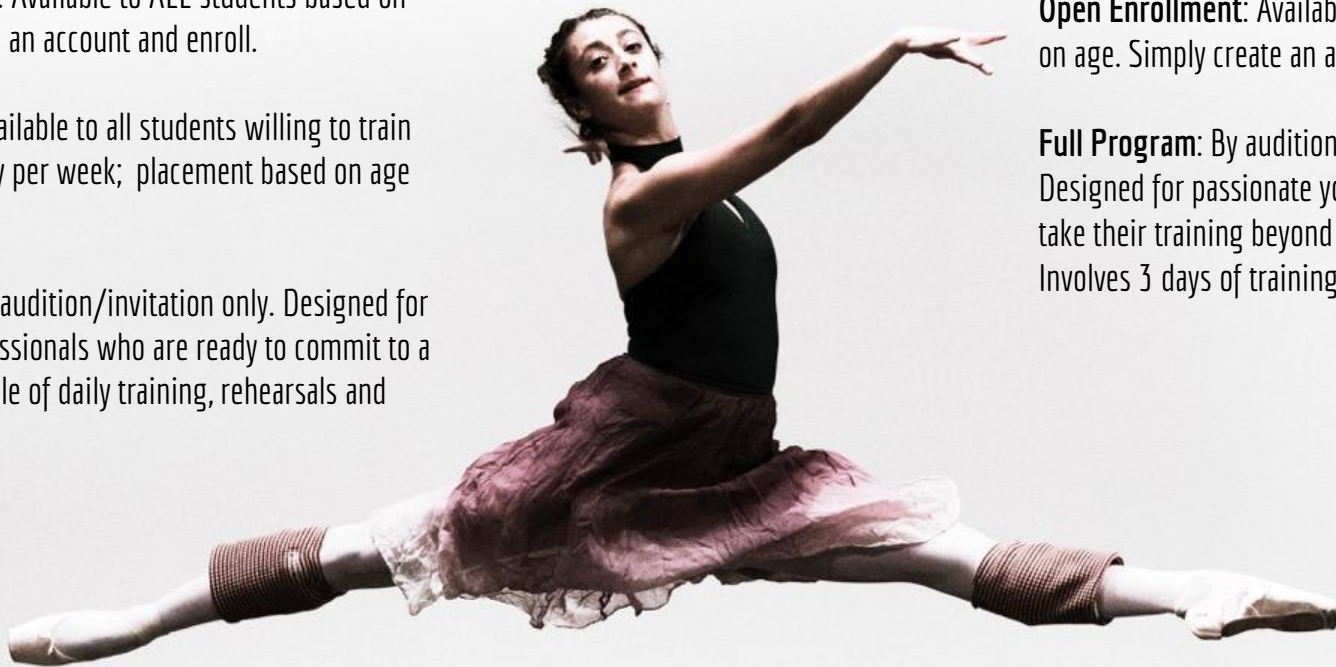


In Levels 5 and up ADA offers 3 tracks:

Open Enrollment: Available to ALL students based on age. Simply create an account and enroll.

Half Program: Available to all students willing to train more than one day per week; placement based on age and ability.

Full Program: By audition/invitation only. Designed for aspiring pre professionals who are ready to commit to a mandatory schedule of daily training, rehearsals and performing.



In Level 4 ADA offers 2 tracks:

Open Enrollment: Available to ALL students based on age. Simply create an account and enroll.

Full Program: By audition/invitation only. Designed for passionate young dancers ready to take their training beyond the recreational scope. Involves 3 days of training.

LEVEL 8 APPROXIMATE AGES 11-12

DANCE
TECHNIQUE

EXPRESSION
CONFIDENCE

MUSICALITY
MOVEMENT
QUALITY

JOY
FUN

FOOTWORK
LEGLINE
ALIGNMENT
TURNOUT

COORDINATION
ARM AND HAND
SHAPES
PORT DE BRAS

SELF
AWARENESS
COMPREHENSION

PROGRAM OPTIONS

FULL PROGRAM

DESIGNED FOR STUDENTS WHO LOVE TO DANCE AND ARE MORE INTERESTED IN DANCE THAN ANY OTHER EXTRA CURRICULAR ACTIVITY

AUDITION REQUIRED FOR NEW STUDENTS

A MANDATORY SET SCHEDULE OF CLASSES

EXCLUSIVE CLASS, COACHING AND PERFORMANCE OPPORTUNITIES

ADA'S ONLY PROGRAM SUFFICIENT FOR THE ASPIRING PROFESSIONAL

HALF PROGRAM

DESIGNED FOR STUDENTS WHO LOVE TO DANCE AND HAVE OTHER INTERESTS AND OR LIMITED AVAILABILITY

NO AUDITION, BUT PLACEMENT CLASS REQUIRED

CREATE YOUR OWN 2 OR 3 DAY SCHEDULE INCLUDING VARIOUS STYLES AND PERFORMANCE CLASSES

OPEN ENROLLMENT

DESIGNED FOR STUDENTS DANCING RECREATIONALLY OR AS A TRAINING SUPPLEMENT

NO AUDITION OR PLACEMENT CLASS REQUIRED

SUITABLE FOR THE ONCE A WEEK DANCER

INCLUDES CLASSES IN VARIOUS DANCE STYLES

FULL PROGRAM
STUDENT
DISPLAYING
LINE &
CONFIDENCE



Photo Credit: [sori gottdenker](#)

LEVEL 8 FULL PROGRAM

IS A MANDATORY SCHEDULE OF CLASSES FOR ADA'S YOUNGER DANCERS PASSIONATE ABOUT THE ART OF DANCE. STUDENTS ARE GUIDED TO DEVELOP THEIR POTENTIAL WITH PROFESSIONAL STANDARDS IN MIND. SOME CLASSES ARE SHARED WITH HALF PROGRAM STUDENTS AND/OR OPEN ENROLLMENT STUDENTS, HOWEVER FULL PROGRAM STUDENTS HAVE EXCLUSIVE CLASSES AND OPPORTUNITIES.

BENEFITS

- Heavily Discounted Tuition Rate with Priority School Year Registration & No Registration Fee
- Exclusive Classes
- Quicker Improvement & Better Retention
- Increased Attention Span, Strength, Flexibility, Poise & Confidence
- Sense of Community with like minded students
- 18hrs Per Year of Excused Absences + Unlimited Make-Ups in Classes at Level 8 or below and, with Permission, in a Higher Level
- Invite to Youth America Grand Prix (YAGP) Competition, Summer Extravaganza and/or Pre Performance Intensive (add'l fees) Please note: If invited, Pre Performance Intensive is mandatory for continued invitation to Full Program
- Parent Observed Ballet Assessment with Directors
- **Exclusive Full Program Q&A with Directors 6/15 1:30-2:30**

PRICE

Full Program Classes:
\$635/month
(\$14/hr)

YAGP Variation
Coaching: \$450*

*Add'l Contemporary Solo Coaching Fees May Apply

LEVEL 8 FULL PROGRAM SCHEDULE

MON	Possible Make-up class 4:15-5:45 Ballet Foundation & Stretch			<p>Additional Rehearsals with CODA (Company of Dance Arts) Additional fee required</p> <p><u>Occasional Fridays</u> Between 5:00-8:00</p> <p><u>Saturdays</u> Between 1:15-6:45 (incl break)</p> <p><u>Sundays</u> Between 10:30-6:30 (incl break)</p>
TUES	4:15-4:45 ELAENEE NOWELL Pilates Springboard <small>EXCLUSIVELY Full Program 8 - Group 1</small> 4:45-5:15 ELAENEE NOWELL Pilates Springboard <small>EXCLUSIVELY Full Program 8 - Group 2</small>	5:15-7:15 SORI GOTTDENKER Ballet & (Pre) Pointe <small>EXCLUSIVELY Full Program 8</small>	7:15-7:45 ELAENEE NOWELL Performance Prep: Ballet <small>EXCLUSIVELY Full Program 8 WILL LENGTHEN TO 8PM AS OF 4/1/25</small>	
WEDS	4:30-5:00 LUCY GAO Stretch and Condition <small>Half Program & Full Program 8 - Group 1</small> 5:00-5:30 LUCY GAO Stretch and Condition <small>Half Program & Full Program 8 - Group 2</small>	5:30-6:15 PAUL LIU Hip Hop w/ Performance Prep <small>Open Enrollment, Half Program & Full Program 8</small>	6:15-8:00 SORI GOTTDENKER Ballet or (Pre) Pointe w/ Perf Prep <small>Half Program & Full Program 8</small>	
THUR	4:00-5:30 LUCY GAO Ballet & Developing the Ballet Dancer <small>Half Program & Full Program 8 (Developing the Dancer EXCLUSIVELY Full Program 8)</small>	5:30-6:15 SORI GOTTDENKER (Pre) Pointe <small>Half Program & Full Program 8</small>	6:15-7:00 CATHERINE ESCUETA Modern w/ Performance Prep <small>Half Program & Full Program 8 Open Enrollment 10</small>	
FRI	Exclusive Full Program day if coaching for YAGP*			<p>YAGP Coaching* EXCLUSIVELY Full Program Students Additional fee required</p> <p>Fridays Between 5:00-8:00 Saturdays Between 1:15-6:45</p>
SAT	11:00-11:30 LINDA MINNELLA Tap <small>Full Program 6 Open Enrollment, Half Program & Full Program 8</small>	11:30-12:00 LUCY GAO Stretch and Condition <small>EXCLUSIVELY Full Program 8</small>	12:00-1:00 LUCY GAO Ballet & (Pre) Pointe <small>Full Program 6 Full Program 8</small>	

ADA Students and Director, Nick Mishoe
Performing with The Company of Dance
Arts in The Nutcracker at Count Basie
Center for The Arts



LEVEL 8 HALF PROGRAM

FOR STUDENTS WHO LOVE TO DANCE AND WANT THE FLEXIBILITY TO CREATE THEIR OWN 2 OR 3 DAY SCHEDULE. STUDENTS CAN TRAIN IN SEVERAL STYLES AND PERFORM!

CLASSES ARE SHARED WITH FULL PROGRAM STUDENTS AND/OR OPEN ENROLLMENT STUDENTS.

BENEFITS

- Discounted Tuition Rate
- No Audition Required, but placement class required
- Flexible Scheduling: Choose 2 or 3 days
(for 4+ days per week, please inquire about Full Program)
- Classes in All Styles
- Performance Classes & Consideration for Exclusive Performance Opportunities
- Make-Up Classes Available at or Below Level 8
- Consideration for Invite Only Summer Programs (add'l fees)
- Parent Observed Ballet Assessment w/Directors

TUITION INFO

- See schedule for cost per month
 - Tuition is billed monthly. Students may withdraw by the 15th of the month with no further obligation

LEVEL 8 HALF PROGRAM SCHEDULE

<p>MON</p>	<p>4:15-5:45 LUCY GAO Ballet Foundation & Stretch 2 Ages 12+ Half Program 8</p>	<p>5:45-6:30 DAN PETERSON Tap Foundation Mini Courses \$100 per course (5 classes) Ages 10+ Course Dates TBA</p>	<p style="text-align: center;">Additional Rehearsals with CODA (Company of Dance Arts) Additional fee required</p> <p><u>Occasional Fridays</u> <u>Saturdays</u> <u>Sundays</u> Between 5:00-8:00 Between 1:15-6:45 (incl break) Between 10:30-6:30 (incl break)</p>	
<p>TUES</p>	<p>Exclusive Full Program day</p>			
<p>WEDS</p>	<p>4:30-5:00 LUCY GAO Stretch and Condition Half Program & Full Program 8- Group 1</p> <p>5:00-5:30 LUCY GAO Stretch and Condition Half Program & Full Program 8- Group 2</p>	<p>5:30-6:15 PAUL LIU Hip Hop w/ Performance Prep Open Enrollment, Half Program & Full Program 8</p>	<p>6:15-8:00 SORI GOTTDENKER Ballet or (Pre) Pointe w/ Perf Prep Half Program & Full Program 8</p>	<p>2 Day Monthly Cost</p> <p>Mon & Wed = \$365 Mon & Thu = \$365 Mon & Sat = \$305</p>
<p>THUR</p>	<p>4:00-5:00 LUCY GAO Ballet Half Program & Full Program 8</p> <p>5:00-5:30 ELAENEE NOWELL Pilates w/ Props Half Program 6 Open Enrollment & Half Program 8 Open Enrollment, Half Program & Full Program 10</p>	<p>5:30-6:15 SORI GOTTDENKER (Pre) Pointe Half Program & Full Program 8</p>	<p>6:15-7:00 CATHERINE ESCUETA Modern w/ Performance Prep Half Program & Full Program 8 Open Enrollment 10</p>	<p>Wed & Thu = \$455 Wed & Sat = \$395</p> <p>Thu & Sat = \$395</p>
<p>FRI</p>	<p>Exclusive Full Program day</p>			
<p>SAT</p>	<p>11:00-11:30 LINDA MINNELLA Tap Full Program 6 Open Enrollment, Half Program & Full Program 8</p>	<p>11:30-1:00 MICHELLE SYMOS Ballet, (Pre) Pointe & Conditioning Half Program 8 Half Program 10</p>	<p>3 Day Monthly Cost</p> <p>Mon, Wed, Thu = \$545 Mon, Wed, Sat = \$485 Mon, Thu, Sat = \$485</p> <p>Wed, Thu, Sat = \$575</p>	

PERFORMANCE PREP CLASSES

Any classes that include “Performance Prep” or “Perf Prep” in their title are creating a piece for the End Of Year Performance, which is held in-studio for levels 4 and below and in a professional theater for levels 5+.

Definite performance dates between early May and mid June will be announced when we have secured a date with the theater.

In January, students sign a commitment form, and pay a nominal fee. Excellent attendance is required in all Perf Prep classes so that the class can progress and create as a cohesive group. 3 absences between January-April may result in removal from a piece.



LEVEL 8 OPEN ENROLLMENT

FOR STUDENTS DANCING RECREATIONALLY OR AS A TRAINING SUPPLEMENT FOR OTHER ACTIVITIES.
CONSISTS OF SEVERAL CLASS CHOICES AND INCLUDES A PERFORMANCE CLASS.
CLASSES WILL BE SHARED WITH HALF AND/OR FULL PROGRAM STUDENTS.

BENEFITS

- No Audition Required; Simply Create an Account & Enroll!
- Classes in Various Styles
(for 3+ classes per week, please inquire about Half Program)
- Performance Classes
- Make-Up Classes Available at or Below Level 8

TUITION INFO

- See schedule for cost per month
 - Tuition is billed monthly.
Students may withdraw by the 15th of the month with no further obligation

LEVEL 8 OPEN ENROLLMENT CLASS SCHEDULE

MON	5:30-6:15 DAN PETERSON \$100 per course (5 classes) Tap Foundation Mini Courses Ages 10+ Course Dates TBA		<p>Additional Rehearsals with CODA (Company of Dance Arts) Additional fee required</p> <p><u>Occasional Fridays</u> Between 5:00-8:00</p> <p><u>Saturdays</u> Between 1:15-6:45 (incl break)</p> <p><u>Sundays</u> Between 10:30-6:30 (incl break)</p>
TUES	Exclusive Full Program Day		
WEDS	5:30-6:15 PAUL LIU \$78.75/mo Hip Hop w/Performance Prep Open Enrollment, Half Program & Full Program 8		
THUR	5:00-5:30 ELAENEE NOWELL \$52.50/mo Pilates w/ Props Half Program 6 Open Enrollment & Half Program 8 Open Enrollment, Half Program & Full Program 10	5:30-6:15 LUCY GAO \$78.75/mo Ballet Foundation 1 & 2 Ages 10+ OR 5:30-6:15 CATHERINE ESCUETA \$78.75/mo Modern w/ Performance Prep Half Program & Full Program 6 Open Enrollment 8	
FRI	Exclusive Full Program day		
SAT	11:00-11:30 LINDA MINNELLA \$52.50/mo Tap Full Program 6 Open Enrollment, Half Program & Full Program 8	11:30-1:00 LINDA MINNELLA/LEAH BRANDSTETTER \$157.50/mo Pilates (11:30-12:00) & Ballet Foundation 1 & 2 (12:00-1:00) Ages 10+ Open Enrollment, Half Program & Full Program 6	

DRESS CODE

- ADA WELCOMES STUDENTS OF ALL GENDER IDENTITIES & EXPRESSIONS AND BELIEVES IN FOSTERING AN INCLUSIVE ENVIRONMENT
- ADHERING TO A SIMPLE DRESS CODE CREATES A FOCUSED CLASSROOM AND DISPLAYS RESPECT FOR THE ART OF DANCE
- STUDENTS SELECT FROM THE BELOW LIST OF ACCEPTABLE CLASSWEAR AND MUST APPEAR NEAT & TIDY FOR CLASSES
- STUDENTS MUST STYLE HAIR SECURELY AWAY FROM FACE IN A BUN OR SIMILAR AND/OR WITH A HEADBAND AND/OR USING PRODUCT
- UNIFORM ITEMS MUST BE PURCHASED IN OUR ONLINE STORE
- OPTIONAL ADDITIONAL ITEMS ARE ALSO AVAILABLE FOR PURCHASE IN OUR ONLINE STORE
- ITEMS NOT AVAILABLE IN OUR ONLINE STORE ARE AVAILABLE AT COPPELIA IN SPRING LAKE OR ONLINE AT DISCOUNT DANCE SUPPLY
- ITEMS SHOULD BE ORDERED AS SOON AS POSSIBLE; ORDERS TAKE 4-6 WEEKS TO ARRIVE

BASIC DRESS CODE ITEMS

UNIFORM LEOTARD*
WITH SKIN COLORED TIGHTS AND SHOES

AND/OR

BLACK FOOTLESS TANK UNITARD
WITH WHITE SOCKS AND WHITE SHOES
OR SOCKLESS WITH SKIN COLORED
SHOES

*AVAILABLE IN ONLINE STORE

OPTIONAL ADDITIONAL ITEMS

BLACK, WHITE OR UNIFORM COLOR
CLOSE FITTING TEE*

TUTU* (various colors)
(FOR USE DURING CLASS W/TEACHER PERMISSION)

ADA WARM UPS*
(ONLY FOR FIRST PART OF CLASS W/TEACHER PERMISSION)

*AVAILABLE IN ONLINE STORE

SECURITY

- AS PART OF ADA'S ONGOING COMMITMENT TO STUDENT, FACULTY & STAFF SAFETY, EVERYONE ENTERING ADA'S FACILITY MUST HAVE AN ACCESS CARD BY OCTOBER 15th. CARDS NOT ORDERED BY OCTOBER 14th WILL BE ADDED TO NOVEMBER TUITION.
- ACCESS CARDS CAN BE PURCHASED IN THE ONLINE STORE AND THEN PICKED UP AT ADA'S RECEPTION WINDOW. PRICING IS AS FOLLOWS:
 - \$25 FOR 1 CARD
 - \$45 FOR 2 CARDS
 - \$60 FOR 3 CARDS
 - \$75 FOR 4 CARDS



ADA's Exceptional Referral Program:

Bring a friend to dance at ADA and if they register for the school year you get \$100 off May tuition*!

*referred student must be enrolled for at least 3 months of the school year



Photo Credit: sori gottdenker

DANCE WITH US

IN LEVEL 8

Register through your portal at: <https://dancestudio-pro.com/online/adanj>

Or Contact our Experienced Office Staff for Assistance: info@ADANJ.com 732.709.7792