



# LEVEL 4

School Year 2024-2025

September 9th-June 14th

Discovering the Art and  
Technique of Dance

Our mission is to spread love and joy through the **Art of Dance**.

We are **Experts in the Field of Dance**, and can teach students to reach professional levels; but our approach develops the whole human. Our students gain **self awareness** and **life skills** that extend far beyond the studio!

We are thrilled to have the opportunity to share our **knowledge, expertise** and **passion** with our students and their families in a supportive, inspiring environment. Whether new or returning, we are excited to **welcome you to our community** for School Year 2024-2025!

AT ADA WE TEACH **SO MUCH MORE THAN DANCE.**

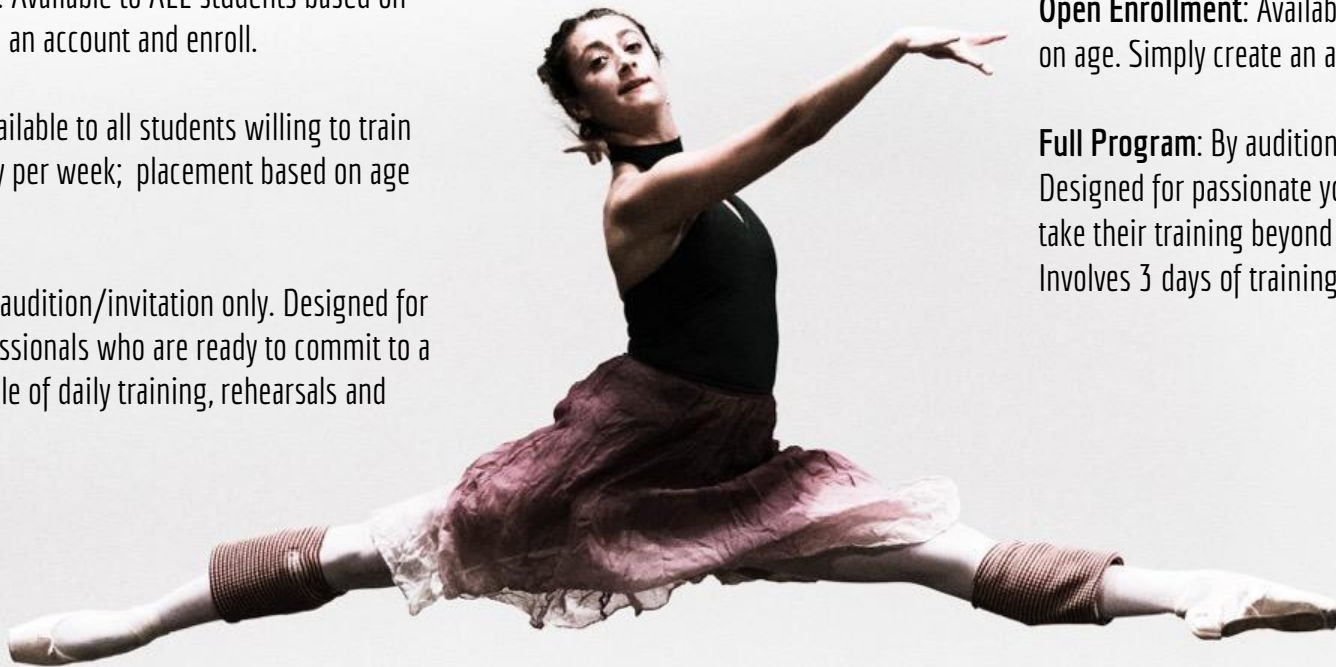


## In Levels 5 and up ADA offers 3 tracks:

**Open Enrollment:** Available to ALL students based on age. Simply create an account and enroll.

**Half Program:** Available to all students willing to train more than one day per week; placement based on age and ability.

**Full Program:** By audition/invitation only. Designed for aspiring pre professionals who are ready to commit to a mandatory schedule of daily training, rehearsals and performing.



## In Level 4 ADA offers 2 tracks:

**Open Enrollment:** Available to ALL students based on age. Simply create an account and enroll.

**Full Program:** By audition/invitation only. Designed for passionate young dancers ready to take their training beyond the recreational scope. Involves 3 days of training.

ADA's Young Dancers Experience  
the JOYS of Dance, Music,  
Imagination, Expression &  
Creativity While Learning  
Technique!



# LEVEL 4 APPROXIMATE AGES 7-8

VOCABULARY

TECHNIQUE

CONFIDENCE

EXPRESSION

MUSICALITY

JOY

FUN

POINTED  
FEET

STRAIGHT  
LEGS

POSTURE

COORDINATION

CORE STRENGTH

ATTENTION SPAN

## Full Program

- Participation by invitation only
- Discounted Tuition Rate, Priority School Year Registration, Flexible Scheduling Within Program Requirements
- Quicker Improvement & Better Retention
- Increased Attention Span, Strength, Flexibility, Poise & Confidence
- Sense of community with like minded students
- In Studio Performance Opportunities
- Unlimited Make-Ups in Any Class at or Below Level 4
- Make ups in higher level with teacher permission
- Special Consideration for Exclusive Summer Program Opportunities
- Parent Observed Ballet Assessment with Directors
- **Exclusive Full Program Q & A with Directors 6/15 1:30-2:30pm**

## Open Enrollment

- No Audition Required
- No mandatory classes
- In Studio Performance Opportunities
- Make-Up absences at or below Level 4
- Appropriate for the Once a Week Dancer

# LEVEL 4 SCHEDULE

MON	<b>5:00-6:30</b> LEAH BRANDSTETTER \$157.50/mo <b>Ballet &amp; Stretch</b> <small>Open Enrollment &amp; Full Program 4            Open Enrollment &amp; Half Program 6</small>	
TUE	<b>5:30-7:00</b> LEAH BRANDSTETTER & LINDA MINNELLA \$157.50/mo <b>Ballet w/ Perf Prep</b> (LB 5:30-6:30) & <b>Tap w/ Perf Prep</b> (LM 6:30-7:00) <small>Open Enrollment &amp; Full Program 4            Open Enrollment 6 (Half Program 6 join for Tap)            Perf Prep for in studio showing</small>	
WED	<b>4:00-4:45</b> PAUL LIU \$78.75/mo <b>Hip Hop w/Perf Prep</b> <small>Open Enrollment &amp; Full Program 4            Open Enrollment, Half Program &amp; Full Program 6            Perf Prep for in studio showing</small>	<b>4:45-5:45</b> KRISTI PORTER \$105/mo <b>Ballet</b> <small>Open Enrollment &amp; Full Program 4            Open Enrollment 6</small>
THU	<b>4:00-5:30</b> NICK MISHOE & CATHERINE ESCUETA \$157.50/mo <b>Ballet</b> (NM 4:00-5:00) & <b>Modern</b> (CE 5:00-5:30) <small>Open Enrollment &amp; Full Program 4 <b>MANDATORY FOR FULL PROGRAM</b>            Open Enrollment 6</small>	
FRI	Classes may be added. Inquire if interested	
SAT	<b>10:00-11:30</b> LEAH BRANDSTETTER & NICK MISHOE \$157.50/mo <b>Ballet</b> (LB 10:00-11:00) & <b>Stretch</b> (NM 11:00-11:30) <small>Open Enrollment &amp; Full Program 4            Open Enrollment &amp; Half Program 6</small>	

**All Students** in Level 4 may enroll in as many classes as they'd like!

**Students recommended for Full Program** who accept their invite, must train 3 days per week and will receive a discounted tuition rate of \$400

- 1) Select "Full Program 4" at the time of registration
- 2) The office staff will contact you to assist in planning your 3 day schedule

**Additional Rehearsals with CODA (Company of Dance Arts)**  
 (add'l production fee)

**Occasional Fridays:**  
 6:00-7:00

**Saturdays:**  
 Between 1:15-6:45 (incl break)

**Sundays:**  
 Between 10:30-6:30 (incl break)

Rehearsal times will vary. Younger dancers generally do not rehearse for more than a couple of hours at a time

### **Tuition Info**

- Tuition is billed monthly. Students may withdraw by the 15th of the month with no further obligation

## PERFORMANCE PREP CLASSES

Any classes that include “Performance Prep” or “Perf Prep” in their title are creating a piece for the End Of Year Performance, which is held in-studio for levels 4 and below and in a professional theater for levels 5+.

Definite performance dates between early May and mid June will be announced when we have secured a date with the theater.

In January, students sign a commitment form, and pay a nominal fee. Excellent attendance is required in all Perf Prep classes so that the class can progress and create as a cohesive group. 3 absences between January-April may result in removal from a piece.



ADA Students and Director, Nick Mishoe  
Performing with The Company of Dance Arts  
in The Nutcracker at Count Basie Center for The Arts

Participation in CODA Productions  
Highly Recommended for Maximum JOY!





# DRESS CODE

- ADA WELCOMES STUDENTS OF ALL GENDER IDENTITIES & EXPRESSIONS AND BELIEVES IN FOSTERING AN INCLUSIVE ENVIRONMENT
- ADHERING TO A SIMPLE DRESS CODE CREATES A FOCUSED CLASSROOM AND DISPLAYS RESPECT FOR THE ART OF DANCE
- STUDENTS SELECT FROM THE BELOW LIST OF ACCEPTABLE CLASSWEAR AND MUST APPEAR NEAT & TIDY FOR CLASSES
- STUDENTS MUST STYLE HAIR SECURELY AWAY FROM FACE IN A BUN OR SIMILAR AND/OR WITH A HEADBAND AND/OR USING PRODUCT
- UNIFORM ITEMS MUST BE PURCHASED IN OUR ONLINE STORE
- OPTIONAL ADDITIONAL ITEMS ARE ALSO AVAILABLE FOR PURCHASE IN OUR ONLINE STORE
- ITEMS NOT AVAILABLE IN OUR ONLINE STORE ARE AVAILABLE AT COPPELIA IN SPRING LAKE OR ONLINE AT DISCOUNT DANCE SUPPLY
- ITEMS SHOULD BE ORDERED AS SOON AS POSSIBLE; ORDERS TAKE 4-6 WEEKS TO ARRIVE

## **BASIC DRESS CODE**

UNIFORM DANCE DRESS\*  
WITH SKIN COLORED TIGHTS AND SHOES

AND/OR

BLACK FOOTLESS TANK UNITARD  
WITH WHITE SOCKS & WHITE SHOES OR  
SOCKLESS WITH SKIN COLORED SHOES

\*AVAILABLE IN ONLINE STORE

## **OPTIONAL ADDITIONAL ITEMS**

BLACK, WHITE OR UNIFORM COLOR  
CLOSE FITTING TEE\*

TUTU\* (various colors)  
(FOR USE DURING CLASS W/TEACHER PERMISSION)

ADA WARM UPS\*  
(ONLY FOR FIRST PART OF CLASS W/TEACHER PERMISSION)

\*AVAILABLE IN ONLINE STORE

# SECURITY

- AS PART OF ADA'S ONGOING COMMITMENT TO STUDENT, FACULTY & STAFF SAFETY, EVERYONE ENTERING ADA'S FACILITY MUST HAVE AN ACCESS CARD BY OCTOBER 15th. CARDS NOT ORDERED BY OCTOBER 14th WILL BE ADDED TO NOVEMBER TUITION.
- ACCESS CARDS CAN BE PURCHASED IN THE ONLINE STORE AND THEN PICKED UP AT ADA'S RECEPTION WINDOW. PRICING IS AS FOLLOWS:
  - \$25 FOR 1 CARD
  - \$45 FOR 2 CARDS
  - \$60 FOR 3 CARDS
  - \$75 FOR 4 CARDS

## ADA's exceptional Referral Program:

Bring a friend to dance at  
ADA and if they register  
for the school year you  
get \$100 off your May  
tuition\*!

\*Referred student must be enrolled for at least 3  
months of the school year





# DANCE WITH US IN LEVEL 4

Register through your portal at:

<https://dancestudio-pro.com/online/adanj>

Or Contact our Experienced Office Staff for Assistance:

info@ADANJ.com

732.709.7792