



LEVEL 6

School Year 2024-2025
September 9th-June 14th

Developing passion for
technique and learning

Our mission is to spread love and joy through the **Art of Dance**.

We are **Experts in the Field of Dance**, and can teach students to reach professional levels; but our approach develops the whole human. Our students gain **self awareness** and **life skills** that extend far beyond the studio!

We are thrilled to have the opportunity to share our **knowledge, expertise** and **passion** with our students and their families in a supportive, inspiring environment. Whether new or returning, we are excited to **welcome you to our community** for School Year 2024-2025!

AT ADA WE TEACH **SO MUCH MORE THAN DANCE.**

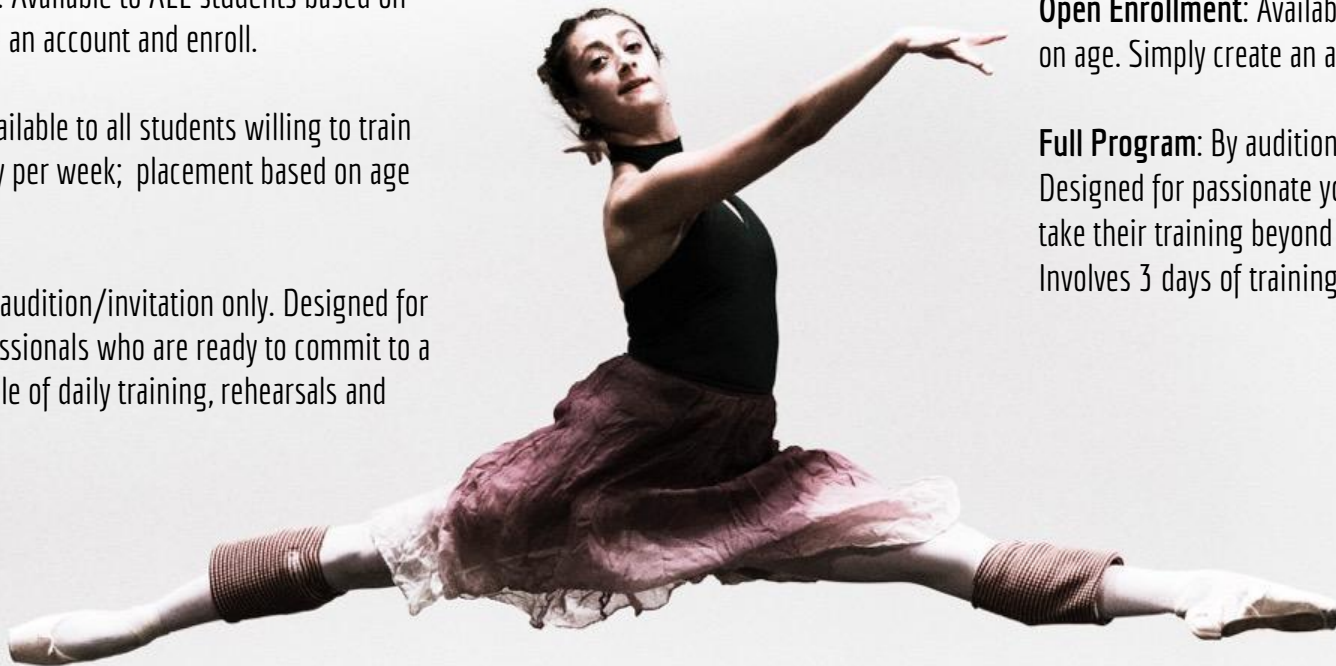


In Levels 5 and up ADA offers 3 tracks:

Open Enrollment: Available to ALL students based on age. Simply create an account and enroll.

Half Program: Available to all students willing to train more than one day per week; placement based on age and ability.

Full Program: By audition/invitation only. Designed for aspiring pre professionals who are ready to commit to a mandatory schedule of daily training, rehearsals and performing.



In Level 4 ADA offers 2 tracks:

Open Enrollment: Available to ALL students based on age. Simply create an account and enroll.

Full Program: By audition/invitation only. Designed for passionate young dancers ready to take their training beyond the recreational scope. Involves 3 days of training.

LEVEL 6 APPROXIMATE AGES 9-10

DANCE
TECHNIQUE

EXPRESSION
MUSICALITY

CONFIDENCE

JOY
FUN

FOOTWORK
LEGLINE
POSTURE

COORDINATION
ARM AND HAND
SHAPES

ATTENTION
SPAN

PROGRAM OPTIONS

FULL PROGRAM

DESIGNED FOR STUDENTS WHO LOVE TO DANCE AND ARE MORE INTERESTED IN DANCE THAN ANY OTHER EXTRA CURRICULAR ACTIVITY

AUDITION REQUIRED FOR NEW STUDENTS

A MANDATORY SET SCHEDULE OF CLASSES

EXCLUSIVE CLASS, COACHING AND PERFORMANCE OPPORTUNITIES

ADA'S ONLY PROGRAM SUFFICIENT FOR THE ASPIRING PROFESSIONAL

HALF PROGRAM

DESIGNED FOR STUDENTS WHO LOVE TO DANCE AND HAVE OTHER INTERESTS AND OR LIMITED AVAILABILITY

NO AUDITION, BUT PLACEMENT CLASS REQUIRED

CREATE YOUR OWN 2 OR 3 DAY SCHEDULE INCLUDING VARIOUS STYLES AND PERFORMANCE CLASSES

OPEN ENROLLMENT

DESIGNED FOR STUDENTS DANCING RECREATIONALLY OR AS A TRAINING SUPPLEMENT

NO AUDITION OR PLACEMENT CLASS REQUIRED

SUITABLE FOR THE ONCE A WEEK DANCER

CLASSES IN VARIOUS DANCE STYLES

FULL PROGRAM
STUDENT IN
FULL
CONCENTRATION



Photo Credit: [sori gottdenker](#)

LEVEL 6 FULL PROGRAM

IS A MANDATORY SCHEDULE OF CLASSES FOR ADA'S YOUNGER DANCERS PASSIONATE ABOUT THE ART OF DANCE. STUDENTS ARE GUIDED TO DEVELOP THEIR POTENTIAL WITH PROFESSIONAL STANDARDS IN MIND. SOME CLASSES ARE SHARED WITH HALF PROGRAM STUDENTS AND/OR OPEN ENROLLMENT STUDENTS, HOWEVER FULL PROGRAM STUDENTS HAVE EXCLUSIVE CLASSES AND OPPORTUNITIES.

BENEFITS

- Heavily Discounted Tuition Rate & Priority School Year Registration with No Registration Fee
- Quicker Improvement & Better Retention,
- Increased Attention Span, Strength, Flexibility, Poise & Confidence
- Sense of community with like minded students
- Exclusive Technique and Performance Classes
- 18hrs Per Year of Excused Absences + Unlimited Make-Ups at Level 6 or Below and, with Permission, in a Higher Level
- Consideration for Youth America Grand Prix Competition (add'l. fees)
- Invitation to Summer Extravaganza (add'l. fee)
 - Please Note: Summer training at ADA is mandatory for continued invitation to Full Program
- Parent Observed Ballet Assessment with Directors
- **Exclusive Full Program Q&A with Directors 6/15 1:30-2:30**

PRICES

Full Program Classes:
\$570/month
(\$15/hr)

YAGP Variation
Coaching: \$450

LEVEL 6 FULL PROGRAM SCHEDULE

MON	Possible Make up class 5:00-6:30 Ballet & Stretch			<p>Additional Rehearsals with CODA (Company of Dance Arts) Additional fee required</p> <p><u>Occasional Fridays</u> Between 5:00-8:00</p> <p><u>Saturdays</u> Between 1:15-6:45 (incl break)</p> <p><u>Sundays</u> Between 10:30-6:30 (incl break)</p>
TUES	4:00-5:15 SORI GOTTDENKER Pre Pointe Half Program & Full Program 6	5:15-6:30 LUCY GAO Ballet, Stretch & Conditioning Half Program & Full Program 6		
WEDS	4:00-4:45 PAUL LIU Hip Hop w/ Performance Prep Open Enrollment & Full Program 4 Open Enrollment, Half Program and Full Program 6	4:45-6:15 SORI GOTTDENKER Ballet or Pre Pointe w/Perf Prep Half Program & Full Program 6		
THUR	4:30-5:30 SORI GOTTDENKER Ballet & Developing the Dancer EXCLUSIVELY Full Program 6	5:30-6:15 CATHERINE ESCUETA Modern w/ Performance Prep Half Program & Full Program 6 Open Enrollment 8	6:15-7:15 SORI GOTTDENKER Ballet & Pre Pointe Half Program & Full Program 6	
FRI	Exclusive Full Program day if coaching for YAGP*			
SAT	11:00-11:30 LINDA MINNELLA Tap Full Program 6 Open Enrollment, Half Program & Full Program 8	11:30-12:00 LINDA MINNELLA Pilates Open Enrollment, Half Program & Full Program 6 Open Enrollment 8 Open Enrollment 10 Ages 10+	12:00-1:00 LUCY GAO Ballet & Pre Pointe Full Program 6 Full Program 8	

YAGP Coaching*
EXCLUSIVELY Full Program Students
Additional fee required

Fridays Between 5:00-8:00
Saturdays Between 1:15-6:45

ADA Students and Director, Nick Mishoe
Performing with The Company of Dance
Arts in The Nutcracker at Count Basie
Center for The Arts



LEVEL 6 HALF PROGRAM

FOR STUDENTS WHO LOVE TO DANCE AND WANT THE FLEXIBILITY TO CREATE THEIR OWN 2 OR 3 DAY SCHEDULE. STUDENTS CAN TRAIN IN SEVERAL STYLES AND PERFORM!
CLASSES ARE SHARED WITH FULL PROGRAM STUDENTS AND/OR OPEN ENROLLMENT STUDENTS.

BENEFITS

- Discounted Tuition Rate
- No Audition Required, but Evaluation Needed
- Flexible Scheduling: Choose 2 or 3 days
(for 4+ days per week, please inquire about Full Program)
- Classes in All Styles
- Performance Classes & Consideration for Exclusive Performance Opportunities
- Make-Up Classes Available at or Below Level 6
- Consideration for Invite Only Summer Programs (add'l fees)
- Parent Observed Ballet Assessment w/Directors

TUITION INFO

- See schedule for cost per month
- Tuition is billed monthly.
Students may withdraw by the 15th of the month with no further obligation

LEVEL 6 HALF PROGRAM SCHEDULE

MON	5:00-6:30 LEAH BRANDSTETTER Ballet & Stretch Open Enrollment & Full Program 4 Open Enrollment & Half Program 6			<p>2 Day Cost per Month</p> <p>Mon & Tue = \$365 Mon & Wed = \$320 Mon & Thu = \$320 Mon & Sat = \$305</p> <p>Tue & Wed = \$410 Tue & Thu = \$410 Tue & Sat = \$395</p> <p>Wed & Thu = \$365 Wed & Sat = \$350</p> <p>Thu & Sat = \$350</p>	<p>3 Day Cost per Month</p> <p>Mon, Tue, Wed = \$500 Mon, Tue, Thu = \$500 Mon, Tue, Sat = \$485 Mon, Wed, Thu = \$455 Mon, Wed, Sat = \$440 Mon, Thu, Sat = \$440</p> <p>Tue, Wed, Thu = \$545 Tue, Wed, Sat = \$530 Tue, Thu, Sat = \$530</p> <p>Wed, Thu, Sat = \$485</p>
TUES	4:00-5:15 SORI GOTTDENKER Pre Pointe Half Program & Full Program 6	5:15-6:30 LUCY GAO Ballet, Stretch & Conditioning Half Program & Full Program 6	6:30-7:00 LINDA MINNELLA Tap w/ Perf Prep Open Enrollment & Full Program 4 Open Enrollment & Half Program 6 <i>Perf Prep for in studio showing</i>		
WEDS	4:00-4:45 PAUL LIU Hip Hop w/ Perf Prep Open Enrollment & Full Program 4 Open Enrollment, Half Program & Full Program 6	4:45-6:15 SORI GOTTDENKER Ballet or Pre Pointe w/ Performance Prep Half Program & Full Program 6			
THUR	5:00-5:30 ELAENEE NOWELL Pilates w/ Props Half Program 6 Open Enrollment & Half Program 8 Open Enrollment, Half Program & Full Program 10	5:30-6:15 CATHERINE ESCUETA Modern w/ Perf Prep Half Program & Full Program 6 Open Enrollment 8	6:15-7:15 SORI GOTTDENKER Ballet & Pre Pointe Half Program & Full Program 6		
FRI	Exclusive Full Program day				
SAT	10:00-11:30 LEAH BRANDSTETTER & NICK MISHOE Ballet & Stretch Open Enrollment & Full Program 4 Open Enrollment & Half Program 6	11:30-12:00 LINDA MINNELLA Pilates Open Enrollment, Half Program & Full Program 6 Open Enrollment 8 Open Enrollment 10 Ages 10+			
				<p>Additional Rehearsals with CODA (Company of Dance Arts) Additional fee required</p> <p><u>Occasional Fridays</u> Between 5:00-8:00</p> <p><u>Saturdays</u> Between 1:15-6:45 (incl break)</p> <p><u>Sundays</u> Between 10:30-6:30 (incl break)</p>	

PERFORMANCE PREP CLASSES

Any classes that include “Performance Prep” or “Perf Prep” in their title are creating a piece for the End Of Year Performance, which is held in-studio for levels 4 and below and in a professional theater for levels 5+.

Definite performance dates between early May and mid June will be announced when we have secured a date with the theater.

In January, students sign a commitment form, and pay a nominal fee. Excellent attendance is required in all Perf Prep classes so that the class can progress and create as a cohesive group. 3 absences between January-April may result in removal from a piece.



LEVEL 6 OPEN ENROLLMENT

FOR STUDENTS DANCING RECREATIONALLY OR AS A TRAINING SUPPLEMENT FOR OTHER ACTIVITIES.
CONSISTS OF SEVERAL CLASS CHOICES AND INCLUDES PERFORMANCE CLASSES!
CLASSES WILL BE SHARED WITH HALF AND/OR FULL PROGRAM STUDENTS.

BENEFITS

- No Audition Required; Simply Create an Account & Enroll!
- Classes in Various Styles
(for 3+ classes per week, please consider Half Program)
- Performance Classes
- Make-Up Classes Available at or Below Level 6

TUITION INFO

- See schedule for cost per month
 - Tuition is billed monthly.
Students may withdraw by the
15th of the month with no further
obligation

LEVEL 6 OPEN ENROLLMENT SCHEDULE

<p>MON</p>	<p>5:00-6:30 LEAH BRANDSTETTER \$157.50/mo Ballet & Stretch Open Enrollment & Full Program 4 Open Enrollment & Half Program 6</p>	
<p>TUES</p>	<p>5:30-7:00 LEAH BRANDSTETTER & LINDA MINNELLA \$157.50/mo Ballet w/ Perf Prep (5:30-6:30) & Tap w/ Perf Prep (6:30-7:00) Open Enrollment & Full Program 4 Open Enrollment 6 (Half Program 6 join for Tap) <i>Perf Prep for in studio showing</i></p>	
<p>WEDS</p>	<p>4:00-5:30 PAUL LIU \$157.50/mo Hip Hop w/ Perf Prep (4:00-4:45) & Ballet (4:45-5:30) Open Enrollment & Full Program 4 Open Enrollment 6 <i>Hip Hop Perf Prep for in studio showing</i> Half Program & Full Program 6 join for Hip Hop</p>	
<p>THUR</p>	<p>4:00-5:30 NICK MISHOE & CATHERINE ESCUETA \$157.50/mo Ballet (4:00-5:00) & Modern (5:00-5:30) Open Enrollment & Full Program 4 Open Enrollment 6</p>	
<p>FRI</p>	<p>Exclusive Full Program day</p>	
<p>SAT</p>	<p>10:00-11:30 LEAH BRANDSTETTER & NICK MISHOE \$157.50/mo Ballet & Stretch Open Enrollment & Full Program 4 Open Enrollment & Half Program 6</p>	<p>11:30-12:00 LINDA MINNELLA \$52.50/mo Pilates Ages 10+ Open Enrollment, Half Program & Full Program 6</p>

**Additional Rehearsals with CODA
 (Company of Dance Arts)**
 Additional fee required

Occasional Fridays
 Between 5:00-8:00

Saturdays
 Between 1:15-6:45 (incl break)

Sundays
 Between 10:30-6:30 (incl break)

DRESS CODE

- ADA WELCOMES STUDENTS OF ALL GENDER IDENTITIES & EXPRESSIONS AND BELIEVES IN FOSTERING AN INCLUSIVE ENVIRONMENT
- ADHERING TO A SIMPLE DRESS CODE CREATES A FOCUSED CLASSROOM AND DISPLAYS RESPECT FOR THE ART OF DANCE
- STUDENTS SELECT FROM THE BELOW LIST OF ACCEPTABLE CLASSWEAR AND MUST APPEAR NEAT & TIDY FOR CLASSES
- STUDENTS MUST STYLE HAIR SECURELY AWAY FROM FACE IN A BUN OR SIMILAR AND/OR WITH A HEADBAND AND/OR USING PRODUCT
- UNIFORM ITEMS MUST BE PURCHASED IN OUR ONLINE STORE
- OPTIONAL ADDITIONAL ITEMS ARE ALSO AVAILABLE FOR PURCHASE IN OUR ONLINE STORE
- ITEMS NOT AVAILABLE IN OUR ONLINE STORE ARE AVAILABLE AT COPPELIA IN SPRING LAKE OR ONLINE AT DISCOUNT DANCE SUPPLY
- ITEMS SHOULD BE ORDERED AS SOON AS POSSIBLE; ORDERS TAKE 4-6 WEEKS TO ARRIVE

BASIC DRESS CODE ITEMS

UNIFORM DANCE DRESS*
WITH SKIN COLORED TIGHTS & SHOES

AND/OR

BLACK FOOTLESS TANK UNITARD
WITH WHITE SOCKS AND WHITE SHOES
OR SOCKLESS W/SKIN COLORED SHOES

*AVAILABLE IN ONLINE STORE

OPTIONAL ADDITIONAL ITEMS

BLACK, WHITE OR UNIFORM COLOR
CLOSE FITTING TEE*

TUTU* (various colors)
(FOR USE DURING CLASS W/TEACHER PERMISSION)

ADA WARM UPS*
(ONLY FOR FIRST PART OF CLASS W/TEACHER PERMISSION)

*AVAILABLE IN ONLINE STORE

SECURITY

- AS PART OF ADA'S ONGOING COMMITMENT TO STUDENT, FACULTY & STAFF SAFETY, EVERYONE ENTERING ADA'S FACILITY MUST HAVE AN ACCESS CARD BY OCTOBER 15th. CARDS NOT ORDERED BY OCTOBER 14th WILL BE ADDED TO NOVEMBER TUITION.
- ACCESS CARDS CAN BE PURCHASED IN THE ONLINE STORE AND THEN PICKED UP AT ADA'S RECEPTION WINDOW. PRICING IS AS FOLLOWS:
 - \$25 FOR 1 CARD
 - \$45 FOR 2 CARDS
 - \$60 FOR 3 CARDS
 - \$75 FOR 4 CARDS

ADA's exceptional Referral Program:

Bring a friend to dance at
ADA and if they register
for the school year you
get \$100 off your May
tuition*!

*Referred student must be enrolled for at least 3
months of the school year





DANCE WITH US

IN LEVEL 6

Register through your portal at: <https://dancestudio-pro.com/online/adanj>

Or Contact our Experienced Office Staff for Assistance: info@ADANJ.com 732.709.7792